



# What food issues are important to Unincorporated Communities of San Diego County?



In the summer of 2020, as part of [San Diego County Food Vision 2030](#), San Diego County residents answered a few survey questions to express their unique needs and aspirations related to food in their communities. We're excited to share what we heard from residents of San Diego County's unincorporated communities.

## OVERVIEW

What food issues are most important to you?

### TOP ISSUES

- Reducing hunger & food insecurity
- Reducing food waste
- Supporting a local food economy
- Getting healthy food into schools
- Finding healthy, affordable, and culturally appropriate food

I would like to see more \_\_\_\_\_ in my community

### TOP SELECTIONS

- Farmers' markets
- Co-ops (community-owned businesses)
- Community gardens
- School gardens
- CSAs (community supported agriculture)

## ASPIRATIONS FOR FOOD IN SAN DIEGO COUNTY'S UNINCORPORATED COMMUNITIES

Within the next 10 years, what is one hope that you have for food in your community?

### LOCALLY GROWN FOOD, CLIMATE-FRIENDLY PRACTICES

- "Local vegetables and meat, more diversity in restaurants with local ownership, more community around locally grown food."
- "Fruits and vegetables that naturally can grow in our environment without excessive use of water."
- "A truly local farmers' market, community and school gardening."
- "That we'll cut off the numbers of fast food restaurants and instead put more healthier choices for food which are affordable."
- "That we the people are able to grow and produce our own food. Allow local butchers and urban farmers to create a more diverse market. Allow for more money to flow into our economy. And to become less dependent on government programs and stores."
- "More sustainable farming, more farmers' markets and access to people across all socioeconomic status to be able to eat healthy food."

### HEALTHY FOOD ACCESS

- "Finding ways to have access to fresh produce that is priced within reason for our elderly, fixed-income, families and people who live on minimum wage."
- "Having the same access and quality of foods for rural areas as suburban and urban areas. Where you live should not determine the quality or accessibility of food sources. Rural areas are typically poor and underserved already."
- "All communities have access to fresh fruits and vegetables and good quality meat. Education about good nutrition."
- "Our community embraced renewable energy in the last 10 years. We can do the same for our food system. Finding ways to shop locally without sacrificing quality, affordability or expensive trips to incorporated areas."
- "I don't think I've ever seen a food bank in our area. There are not many of them near me."
- "That we'll cut off the numbers of fast food restaurants and instead put more healthier choices for food which are affordable."