

# What food issues are important to Chula Vista residents?



In the summer of 2020, as part of <u>San Diego County Food Vision 2030</u>, San Diego County residents answered a few survey questions to express their unique needs and aspirations related to food in their communities. We're excited to share what we heard from residents of Chula Vista.

## **OVERVIEW**

What food issues are most	TOP ISSUES
important to you?	Reducing hunger & food insecurity
-	Reducing food waste
	Finding healthy, affordable, and culturally appropriate food
	Addressing racial/ethnic inequities
	Supporting worker rights

I would like to see more \_\_\_\_\_ in my community

TOP SELECTIONS

Farmers' markets Community gardens School gardens Locally owned food businesses and restaurants Composting programs

### **ASPIRATIONS FOR FOOD IN CHULA VISTA**

Within the next 10 years, what is one hope that you have for food in your community?

### HEALTHY FOOD ACCESS, LESS FAST FOOD

- "We are surrounded by fast food with good deals that make young people want to buy it. I would like to see more healthy choices that are also affordable."
- "Heart disease, cancer, diabetes and stroke are among the most common causes of illness, disability and death related to poor nutrition. Minorities are of the highest population to suffer because of food inequalities. Our communities are filled with fast food restaurants that are leading our community to poor food choices."
- "Magppalaganap ng mraming ani sa paligid pra may pagkain sa komunidad." (Spread produce around for food in the community)
- "Everyone in San Diego can afford to buy food at a affordable price without worrying about not paying the bills."
- "Availability of healthy food to ALL."

#### FOOD JUSTICE, COMMUNITY OWNERSHIP

- "I think we need to make sure that the essential workers (migrant, farmers, grocery workers, fisheries, food delivery drivers) have access to quality food and other basic needs. I believe that COVID-19 has highlighted the disparities between who we consider essential and whether or not we are compensating them with enough money to cover their own basic needs."
- "That people buy their groceries from local operations instead of Walmart. Enhancing the
  convenience of local options as a reliable, affordable, and more intimate alternative to huge
  logistical schemes. I want to have a relationship with the people who grow my food and I want to
  know that my food comes from San Diego!"
- "I hope there will be more local farmers' markets because usually in the markets, things are way more fresh and organic than in the grocery stores. This also keeps money in our community."
- "I hope San Diego has a localized food system where communities and local businesses can
  mutually benefit. A municipal composting system. Address the ethnic and racial disparities and
  make sure that food deserts are eliminated. Subsidize urban farms rather than fast food."